

Nutrition Facts

5 servings per container

Serving size 4 tsp. (20g)

Amount per serving

Calories 70

% Daily Value*

Total Fat 0.5g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 15g 5%

Dietary Fiber 2g 7%

Total Sugars 10g

Includes 4g Added Sugars 8%

Protein 1g

Vitamin D 0mcg 0%

Calcium 81mg 6%

Iron 0mg 0%

Potassium 92mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.